

SPRING 2 2018

| Week A From 19th Feb – 12th March 2018 | | | |
|---|---|--------------------------------------|---------------------------------|
| | Main meal | Option | Dessert |
| Monday | Chicken supreme or Quorn supreme with whole grain rice and mixed vegetables | Cheese baguette and salad | Natural yogurt and fruit |
| Tuesday | Meatballs with a homemade tomato and pepper sauce with whole grain pasta and broccoli | Chicken and mayo baguette with salad | Tray bake or fruit |
| Wednesday | Roast pork or veggie roast, roast potatoes seasonal veg and gravy | Tuna and mayo baguette with salad | Rice pudding with fruit compote |
| Thursday | Meat pasty or cheese and onion pasty with creamed potatoes, baked beans and salad | Ham baguette with salad | Fruit jelly or yogurt |
| Friday | Fish or veggie sausage with chips and salad | Cheese baguette and salad | Tray bake or yogurt |

Yogurt and fruit available daily as a dessert. We will no longer be serving pot of yogurt, natural yogurt will be served in a bowl to reduce waste to landfill

Dairy free and gluten free available on request.

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