

# Do you have a disability or long term health issue?

## Would you like help with applying for this job?

### **Pluss helps people with a disability find and keep work**

A job offers much more than an income. It offers independence, dignity and self esteem. At Pluss we believe this opportunity should be available to everyone.

### **We can help you find the right job**

We can give you help with looking for jobs, help with job applications and interview.

### **We also give on-going support once you're in work and offer:**

- Regular contacts and visits
- On the job support and training
- Help with equipment or adjustments
- Advice on training and development
- Advice for your employer on disability

Contact us to see how we can help  
**Ring free on 0800 91 777 92**

Or visit our website at  
**www.pluss.org.uk**

“Now I have money in my pocket. It means I can do what I want, without worrying about the money. It has given me a lot more freedom and a good career”  
Matt, David Cooper Watchmakers

If you would like this leaflet in a different format please let us know